



# YOUR LIFE in order

*Clear the Chaos and Fill Your Life*  
with Richer Experiences  
and Less Stuff

Mary Carlomagno  
author of *Secrets of Simplicity*

# Is your life in order?

## Getting organized isn't the point

Is an uncluttered closet, a brilliant filing system, or a schedule crafted with military precision going to make you a happier person? Of course not.

Author Mary Carlomagno, a sought-after expert on simplifying and organizing, once owned 125 pairs of beautifully organized shoes. This “recovering shopaholic” knows better than most that it’s not the closet that needs the makeover. And the solution is not at the Container Store (as much as she adores the place). Rather, cleaning up and paring down lead to more order — in both your closet and your life.

## It's about making room for what truly matters

With *Your Life, in Order*, Carlomagno tackles job one: transforming our relationships to the things and routines that burden us. Do you really “love” those shoes you never wear? Why are you so attached to that grudge? Is that “obligatory” event so important? When we let go of the clutter — whether in our closets, in our heads, or on our calendars — we clear the way for the real stuff of life: rich relationships and experiences.

## A companion for the journey

Carlomagno purged her excess stuff, took control of her schedule, and expanded her life by making small changes each day. That is, she practiced. *Your Life, in Order* offers a whole year’s worth of personal reflections and simple daily exercises that help us do the same, at our own pace. The path to order is different for everyone. But as Carlomagno’s hundreds of clients have discovered, with each step order takes root, and life grows.

# Mary in the Media



**TELEVISION:** *Fox News - Fox and Friends • NBC News - The Today Show • Fox News - Dayside • Telecare Television - The God Squad • Good Housekeeping TV • Ivanhoe Productions - Smart Women*

**FEATURE ARTICLES:** *The Philadelphia Inquirer • The Washington Post • The Philadelphia Inquirer • Design NJ • Jersey City Magazine • Figure • Pink • Woman's World • Design NJ*

**PRESS:** *The Metro • Woman's Day • The Record • Publishers Weekly • The Library Journal • The New York Sun • The Edgewater View • GO CARD Feature • TIME online edition • Cincinnati Library • Indy Star • Kansas City Star • The Chicago Tribune • The Chicago Sun Times • Quick and Simple • Cleveland Plain Dealer • The Daily News • The Star Ledger • MacLean's Canada • The Sunday Oklahoman • For Me Magazine • Newsday • Stopping Over Shopping • Redbook • The New York Sun • VIV Magazine*

**ONLINE WRITING:** *Savvy Ladies Newsletter • Berkman Fives Newsletter • Downtown Women's Club • www.harpercollins.com • TIME online edition • www.mediabistro.com • NAFE • www.realhoboken.com • www.beliefnet.com • MSNBC • Hoboken 411 • www.works.com • Ongoing columnist*

**SPEAKING:** *American Express Kiwanis Club • Koi Spa, Edgewater, NJ • Barnes & Noble, Hoboken • Barnes & Noble, Chelsea, NY • Barnes & Noble, Carle Place, NY • Pulpwood Queens Annual meeting • Savvy Ladies meeting • Downtown Women's Club • Barnes & Noble, Willow Grove, PA • Borders, Philadelphia • Barnes & Noble, New York • Borders, Fairfield, CT • International Administrative • Secaucus Chamber of Commerce • Pod cast "Craft Cast" with Alison Lee • Coaching Teleconference • W Networking, Hoboken, NJ • Ladies Who Launch, New York, NY • Pod cast- Craft Cast • Pod cast Tranquil Space • The Vagina Monologues • Hoboken High School Class • National Association of Organizers • West Orange Public Library • Hunter Public Relations • Media Bistro class • Hunter Public Relations • National Association of Organizers • Hoboken High School Class*

**RADIO:** *Mike Caruthers Radio Show - Southport, CT • KDXU - Radio Salt Lake City, Utah • Louisiana Live Baton Rouge, Louisiana • USA Radio Network Dallas, Texas • KRWM-FM Bellevue, Washington • KOLE-AM- Beaumont, Texas • WATR- AM- Prospect, CT • Biz Radio Network - Houston, Texas • Westwood One/Leeza Gibbons Show • WAAM-FM- Ann Arbor, MI • WHRO/WHRV- Norfolk, VA • KNEW - Sacramento, CA • Cable Radio Network- Hollywood, CA • Business Talk Radio Network, National • Sirius- Martha Stewart Network • WENS - Toronto, Canada • WVOX AM- Litchfield, Connecticut • WTKF - Moorehead, North Carolina • WOR- New York • WBT - Charlotte, North Carolina • KTRH - Missouri City, Texas • WKCT - Bowling Green, Kentucky • KAHL - San Antonio, Texas • WGTD- Kenosha, Wisconsin • WDUN - Atlanta, Georgia • KTEK- Houston, Texas • WJBC - Bloomington, Indiana • Accent Radio Network - Clearwater, Florida • XM Radio- national - Washington DC • KLPW - St Louis, Missouri • WCHT - Rapid River, Michigan • WLYU - Vidalia, Georgia • KCPS- Burlington, Iowa • WOR- *The Joan Hamburg Show* • KXEL- Waterloo, Iowa • WREL- Lexington, Virginia Satellite Radio tour: WKBN Youngstown, OH • KAGM Albuquerque, NM • WSAU, Wausau, WI • KMED, Medford, OR • KAKC Radio- Tulsa, Oklahoma • Cable Radio Network- Los Angeles, CA • SIRIUS radio*